# Gluten "Free" Menu

These items are gluten free but are prepared in a kitchen with non-gluten free items. We can not fully guarantee against cross-contamination

# **Appetizers**

### Spinach and Artichoke Dip

### **Creamy Shrimp and Crab Dip**

A creamy blend of spinach, artichokes and cheeses, served with tortilla chips 12 A rich blend of cream, cheeses, crab meat and shrimp served warm with corn tortilla chips 14

## **Salads**

### Mandarin Chicken Salad

Grilled chicken on a bed of mixed greens topped with mandarin oranges, sundried cranberries, and pecans 14

#### **Asian Salmon Salad**

Broiled salmon fillet over a bed of mixed greens topped with sweet peas, red onions, mushrooms, and sesame seeds 18

## **Bonnet's Grilled Salads**

Choice of grilled chicken or beef, served over mixed greens topped with tomatoes, onions, sweet peppers, egg, mushrooms, and cheese Grilled Chicken Breast 15 Grilled Filet Mignon Tips\* 18

## Sandwiches and Burgers Served Without Roll

### **Chicken Breast**

# Grilled12Buffalo sauce & bleu cheese crumbles13BBQ, bacon and cheddar13

### **Turkey Club**

Generous stack of thinly sliced smoked turkey, topped with bacon & Swiss cheese 12

## **Broiled Fillet of Haddock**

Mild Haddock fillet lightly seasoned and broiled 15

### Half Pound Beef Burger\*

| Topped with your choice of cheese | 12 |
|-----------------------------------|----|
| Mushroom and Swiss                | 13 |
| BBQ, bacon, and cheddar           | 13 |

## **Filet Mignon Sandwich\***

Grilled to a medium doneness and smothered with sautéed mushrooms and provolone cheese 16

### Locally Raised Bison Burger\*

| Topped with your choice of cheese | 13 |
|-----------------------------------|----|
| Mushroom and Swiss                | 14 |
| BBQ, bacon and cheddar            | 14 |

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

# Entrees

Center Cut Filet Mignon\*

8 oz thick cut from the prized tenderloin 38

## Crab and Shrimp-topped Salmon

Oven roasted fresh Atlantic salmon fillet, topped with a rich blend of cream, cheeses, crab meat, and shrimp 34

All entrees include a house salad and chef's vegetable selection.

# Sides

| <b>Baked Potato</b>                             | 4 | Creamy Cole Slaw    | 3 |
|---|---|---------------------|---|
| Red Skin Mashed Potatoes                        | 4 | House Salad         | 5 |
| Chef's Vegetable<br>(Please check with server.) | 3 | Cinnamon Applesauce | 3 |

## **Dressing Choices**

Our House- French-based dressing with poppy seeds, diced beets, and hard-boiled egg, Ranch, French, Creamy Bleu Cheese, Thousand Island, Honey Mustard, Golden Italian, Raspberry Walnut Vinaigrette Add Side of Bleu Cheese Crumbles 1.50

In addition, some of our monthly specials may be gluten free, please check with your server.

We do **not** have a fryer that is dedicated to <u>unbreaded</u> items.

\*Wings, hand-cut fries and potato crisps are gluten free, but fried in oil that is used for breaded items.

For dessert we have **Gluten Free Peanut Butter Pie with Hot Fudge.** We also have Ritchey's Dairy Vanilla and Chocolate Ice Cream that may be topped with Caramel Sauce.

\*Please verify with your server that you are ordering from the gluten free menu so we can make the necessary accommodations

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